

FORNI DENTAL

Max Forni DMD

POST OPERATIVE CARE FOLLOWING ORAL SURGERY

1. Following surgery keep gauze pads over the area with biting pressure for 20 minutes.
2. Some oozing of blood may persist on the first and second day following surgery. Placing moist gauze over the area and biting for ½ hour at a time may control this.
3. Do not use straws and no spitting for 48 hours after surgery, no rinsing with peroxide or mouthwashes for 48 hours. Rinse gently with saline or salt water and brush adjacent teeth.
4. AVOID SMOKING and ALCOHOL.
5. Swelling around the mouth, cheeks, eyes and neck may follow some surgical procedures. This is normal and may persist 5-7 days. To minimize swelling, apply an ice pack, 15 minutes on 15 minutes off for the first 24 hours after surgery.
6. In some cases discoloration of the skin follows surgery. This is often normal, especially in individuals who bruise easily.
7. If you experience nausea and vomiting following surgery, sip ginger ale and minimize activity. Symptoms usually subside after several hours.
8. Numbness of the lip occasionally follows oral surgery. This is usually transient and no cause for alarm.
9. For discomfort, take the prescribed medication as directed.
10. Drink plenty of liquids and take solid foods, as you are able. Avoid chewing in the area of surgery.
11. Following the removal of teeth you may feel projections, which may be mistaken for roots. This often represents bony edges. Return to the office for evaluation.
12. Infrequently, jaw pain, earache and bad taste may develop from 2-7 days following extractions. This is the result the blood clot decomposing or being lost. If this occurs, return to the office for a medicated dressing.
13. Sutures are normally resorbable and will be gone in 1-2 weeks. Occasionally you will return to the office for suture removal.
14. Maintain normal oral hygiene being careful to avoid trauma to operative site.
15. Please notify the office of any unusual occurrences or if you should have any questions.
16. If bone graft was placed you may notice loose bony granules and resorption of the overlaying padding. This is a normal occurrence.
17. Please eat soft cold diet on the day of the surgery, ie: pudding, ice cream, yogurt etc.